

LYME DISEASE

FOREWORD. *This method has been successfully tested for several years.* Before reading about any of the treatments, you should learn about the TENS (Transcutaneous Electrical Nerve Stimulator), which is equivalent to medication, and review its features by reading the corresponding file included in this package. You can purchase it online, but be sure to check that the “Stimulation Modes” include the option: “Normal or Constant.” If this treatment does not result in a cure, you should consult your treating physician.

DESCRIPTION OF THE DISEASE.



It is caused by a bacterium called Borrelia, spread through tick bites; the bacteria enter the bloodstream, and therefore its treatment is similar to that of HIV, with the exception of the initial fever phase.

Characteristics of the disease:

- Fever
- Headache
- Extreme fatigue
- Joint stiffness
- Muscle aches and pains
- Swollen lymph nodes
- (ref: <https://www.mayoclinic.org/es/diseases-conditions/lyme-disease/symptoms-causes/syc-20374651>)

DESCRIPTION OF THE TREATMENT PROCESS

The treatment requires a phase of full-body hydroelectric therapy to flush the entire circulatory system of Borrelia bacteria transmitted by ticks and destroy them by penetrating their cells; this technique is 100% effective.

FULL-BODY HYDROELECTRIC TREATMENT.

During this phase, the hydroelectric treatment is applied; in this process, the bacteria are eliminated by an electric current that passes through them, destroying their internal parts and causing their outer membrane to burst. If the current penetrates the bacteria, the treatment is 100% effective—making it an extremely effective technique—but its effectiveness also depends on the impedance or resistance of the bacteria's membrane to the penetration of the electric current; this knowledge is the result of the research and testing phase of the process proposed here.

For this part, a sturdy plastic tub is required; plastic is an insulating material that contains the process from the outside, preventing current leakage. The tub must support the weight of the water and the person; to prevent accidents, the tub must “always” be installed in the bathroom, under the showerhead. Furthermore, the TENS device uses a 9-volt battery that is highly unlikely to cause serious harm to a person; the electrical treatment is not connected to the home's electrical power supply. The most important aspect of the treatment is to perform it in a completely safe manner, both for the infected person and for family members administering it; therefore, the following conditions must be met:



Figure 1. Image of a plastic tub suitable for hydroelectric treatment.

PRECAUTIONS:

- a. Use a plastic tub like the one shown in Figure 1 to ensure full-body coverage; the approximate dimensions for the first tub are: 50 cm wide by 90 cm long and 50 cm high.*
- b. Do not use the tub built into the shower, as in such cases the current flows from the water to the ground at the drain outlet or water inlet and passes through the body only minimally, failing to eliminate the virus.*
- c. Nor should the tub be placed in the living room or bedroom, as there is always the possibility that the tub could break or leak, reaching electrical outlets connected to the home's power supply and potentially electrocuting anyone who comes into contact with the water:*

“The tub must be placed in the bathroom.”

- c. The areas of the knee where the pads will be placed must be completely dry. This prevents the current from traveling from the bathwater to the opposite pole through wet skin and from entering the body as intended.*
- d. If the person has a pacemaker or any heart condition, they MUST NOT UNDERGO THIS TYPE OF TREATMENT, or should consult their doctor.*
- e. The arms must be submerged during the treatment.*

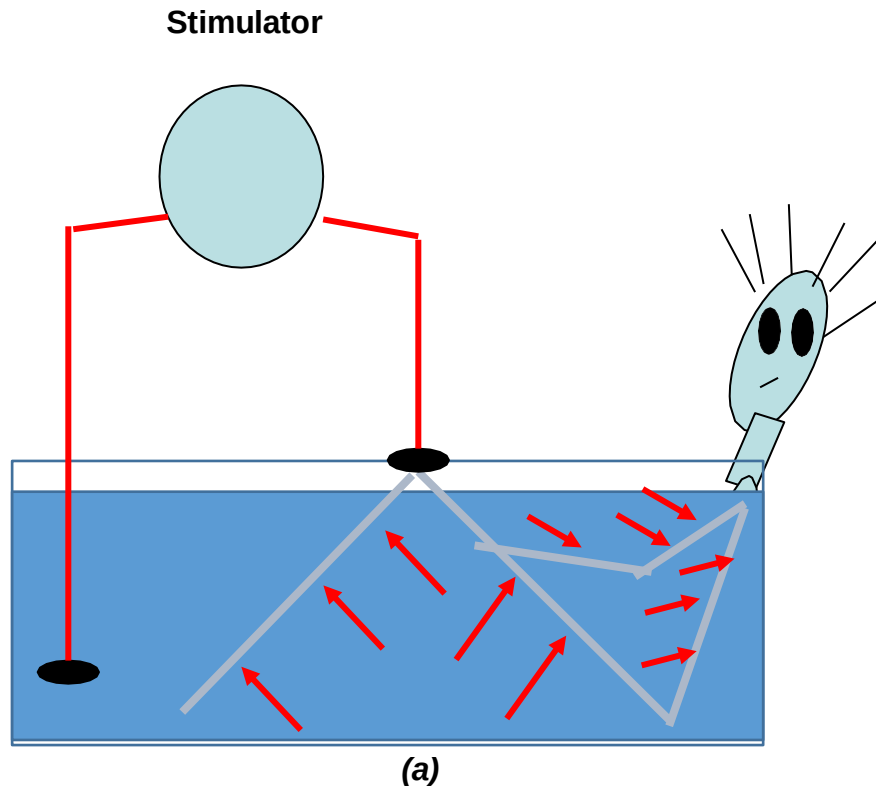


Figure 2. Full-body hydroelectric treatment; (b) Treatment of the abdomen and chest, with knees out of the water. The current enters through each point on the skin, conducted by the water, until it reaches the other pads on the knees, which are out of the water.

Electrode placement.

- **The positive electrode (red tip) is submerged in the water without a pad connected to it.**
- **The other two 5 x 10-centimeter electrodes, both of the same polarity, are attached to each of the knees, which are outside the water; both knees and the surrounding area must be completely dry to prevent the current from being diverted and failing to penetrate the body.**

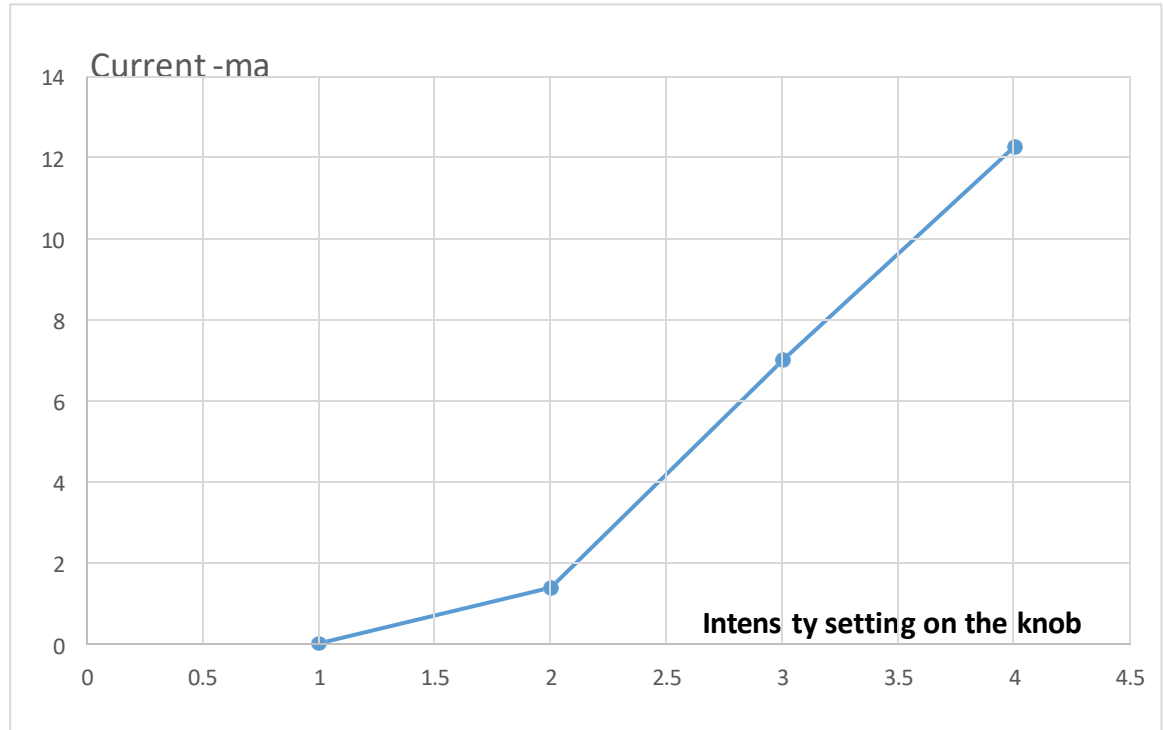


Figure 3. Relationship between the intensity knob setting on “my TENS” and the current produced in the water tub. Level 4 on the TENS knob, which produces a current of 12 mA, is the recommended setting.

CURRENT INTENSITY. – Increase the current intensity using the TENS knob until you reach level 4, if you can tolerate it without pain, and use that intensity throughout the treatment.

Once the leads are inserted into the pad terminals, they must be clamped tightly with pliers to prevent them from coming loose and to ensure a secure connection.

Current intensity. Based on my own findings, a current intensity of approximately 10 to 12 mA (milliamps) should be applied, which is achieved on a Type 7000 TENS unit when the dial is set between 3 and 4, as shown in Figure 3. The current is strong and can be felt in the knees of both legs.

PHASE IV. TREATMENT DURATION.

This should last 20 minutes to ensure that the current has swept through the entire bloodstream for a sufficient amount of time to maintain a constant current on each virus and eliminate it with 100% effectiveness.

It is recommended to repeat the treatment the following week in case some viruses survived and were not eliminated during the process or by the immune system.

The final result must be verified through laboratory testing.